

# ST NEOT PRIMARY SCHOOL NEWSLETTER



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12TH JULY 2024

'A happy learning environment for all'

## NURSERY NEWS

**Theme Summer Term:** Fantasy

**Weekly Topic:** School Transition

**Books:** Blue Kangaroo Goes to School

Reminder; children that are transitioning to school in September have PE sessions on Wednesday's and Fridays. Please ensure a PE kit is provided including suitable shoes.

Date for your diary....leavers party and presentation  
**Monday 22nd July 2.30pm**

**Leavers - please check your communication books as there will be party food slips inside them.**



## ParentPay

As we are now approaching the end of the school year, please could we ask that **Year 6** leavers settle any outstanding payments.

Also **Nursery leavers**, please ensure that balances are cleared as you will be receiving a new child account when your child starts school..... more details to follow.

A very well done to all of the Year 6's who achieved exceptional results!

## Singing and Choir Concert

Thursday 18th July - 2.30pm start in the school hall. Followed by refreshments.

All welcome.

We are looking for donations of cakes and biscuits to be sold at the end of year singing and choir concert. If you are able to donate, this would be hugely appreciated.

Thank you.

## DATES FOR THE DIARY

**18th July:** School singing and choir concert 2.30pm - hall

**22nd July:** Nursery leavers party 2.30pm

**23rd July:** Year 6 Leavers assembly 1pm - hall

**24th July:** NO RIVERSIDE - LAST DAY OF TERM

**3rd Sept:** FIRST DAY BACK AT SCHOOL

**After school clubs finish Friday 19th July**

Keep checking these dates as they may change at short notice.

## HOUSE POINTS

This week's house points have been awarded to children who have worked hard, been polite and helpful and gone above and beyond to help the school run smoothly.

**Aylward: 35   Davy: 49   Trevithick: 65**  
2727                      3659                      2675

If you are planning on getting your child's ears pierced please ensure this is done at the start of the summer holidays so that they have time to heal.

# Congratulations!



**Congratulations to the Pittaway children who got their purple stripe after passing their first grading 😊**

# Self-care summer toolkit: Primary



The summer holidays can be a time to relax, recharge and take a break.

However, school staff can find it difficult to switch off during summer, while young people may struggle with the loss of structure and not seeing their friends every day.

It's important that you and your pupils look after your mental wellbeing during the break. The summer can also be a great time to develop good self-care habits, so that when term starts again, you have techniques you can turn to in stressful times.

This toolkit contains activities, teaching materials and guidance to help support and boost mental wellbeing over the summer and beyond.

It is divided into resources to use with pupils and staff.

## Resources

### Resources for pupils

#### My self-care plan - Anna Freud

A set of simple activities and a step-by-step guide to help young people create their own self-care plan.

#### Wellbeing activities: being kind to yourself - British Red Cross

A set of activities from the British Red Cross to help students to be kind to themselves and look after their own wellbeing.

#### Self-care resources - Anna Freud

A collection of strategies and activities for young people to support them to boost and look after their mental wellbeing.

#### Dealing with change and transitions toolkit - Anna Freud

Resources to support young people dealing with change and potential transitions at the end of the academic year.



The Mental Health Support Team invites you to register your interest in...

# Wild Wellbeing

During the summer holidays, MHST would like you to join us on a FREE Wild Wellbeing outdoor, nature-based session.

This is for parents and their primary aged children (5-11) in the East Cornwall area, to help understand and support emotional and mental wellbeing.

Wild Wellbeing will run as small groups, facilitated by our NHS MHST trained practitioners.  
Please book EACH child on to a session below

**Available sessions starting at 10.00am OR 1.00pm:**

• Thursday 25th July	• Wednesday 21st August
• Thursday 8th August	• Tuesday 27th August
• Thursday 15th August	• Monday 2nd OR Tuesday 3rd September

Locations: Sir Robert Geffery's School, Bocoynoc Forest School, South Petherwin School, Upton Cross School, St Nicolas School, Golitha Falls

Each session will last approx. 2 hours

Please note: Places are limited and will be allocated on a first come, first serve basis. If you are allocated a place and cannot attend, please let us know so we can allocate your space to someone else

To request a place, complete the online form or scan the QR code provided:  
<https://forms.office.com/e/qqkG5CMWxk>



## SPACE : Supporting Parents And Children Emotionally

SPACE is a free programme for any parent or carer who wants to better understand and support their children's emotions, as well as their own.

### This 5 week online programme will cover:

- Understanding what is meant by a Trauma Informed approach
- Understanding toxic stress and the flight/fight response
- Practical approaches to support children to regulate their emotions
- Healthy coping strategies for dealing with stress
- Managing different emotions
- Understanding behaviour
- Building resilience in ourselves and our children
- Adopting appropriate expectations of children
- Enhancing your ability to provide nurturing care

MHST has 2 available upcoming programmes:  
Tuesday 30th July @10am  
Thursday 1st August @11am

To request a place, complete the online form or scan the QR code provided:  
<https://forms.office.com/e/tibQFVTvne>



**These courses are for parents/carers of children 5-12 yrs only**

Spaces are limited, if you cannot attend, please notify us ASAP - 01726 873204



LIONEL BART'S

# OLIVER!

AN IMMERSIVE PRODUCTION

Please, sir, I want some more...

ST. NEOT CHURCH  
AUGUST 6TH-10TH

KATE ROGERS Creative Academy CIC

WWW.CREATIVE-EDUCATION.CO.UK

SCAN FOR TICKETS:

By special arrangement with CAMERON MACKINTOSH  
This amateur production licensed by Music Theatre International