



### NURSERY NEWS

Theme Spring Term: People who help us.  
Weekly Topic/book: Doctors

Thank you to Amanda for coming in and talking to the children about animal care and showing them Timmy the tortoise.

Show and tell related to our theme, no other toys.  
Thank you.

### DATES FOR YOUR DIARY

6th Feb: Wildtribe week—cancelled  
10th Feb: **Last day of term**  
20th Feb: **First day of term**  
21st Feb: Space Odyssey (details to follow)

**Keep checking these dates as they may change at short notice.**

### SIBLYBACK RUN/JOG/WALK SUNDAY 5TH FEBRUARY

Please meet at the play area by 9.15am for a prompt 9.30am start. The PTA will be providing refreshments for a donation.

All nursery children must be accompanied by a parent on the Siblyback walk/run/jog

Please can the children that receive a medal, wear their medals on Monday for assembly.

All sponsorship Money to be returned **Monday 6th February.**



### 100 CLUB

Congratulations to  
this month's

100 Club winner, number 36

**NO MICROBITS  
AFTER SCHOOL CLUB  
WEDNESDAY  
8TH FEBRUARY**

### HOUSE POINTS

This week's house points have been awarded to children who have worked hard, been polite and helpful and gone above and beyond to help the school run smoothly.

Aylward: 55 Davy: 49 Trevithick: 49  
Total: 1162 1114 872

**Well done to you all.**

Could ALL children please bring in an old T-shirt to keep in school to be used for art lessons. Thank you.

### Message from Parent Governor, Rachel Thomas.

A little note about homework.

Love it or hate it, homework is a vital part of curriculum delivery here at St Neot School.

As the Governing Board we fully support the teaching team's approach to homework. In addition to daily reading and weekly spellings/times tables, specific homework tasks linked to classroom learning may also be set.

The homework set by the school will always support learning from the classroom, so children will already have an understanding of what has been set. The principles of homework is to extend and embed your child's learning, setting the foundation stones of your child's education.

As your child progresses along their academic journey into secondary education, it is guaranteed that the amount of homework your child will be expected to complete on a weekly basis will only increase in amount and variety of subjects.

So, with that cheerful thought in mind – why not develop good habits now for homework? – it could save a lot of angst in the future and more importantly, can only have a positive impact on your child's academic achievement.

### Website

Further photos can be found on the school website under the Curriculum, Events and Nursery and Pupils tabs.

### Loveny Class Dance

A huge thank you to Hannah Holmes. Loveny class performed dances based on their 'Rainforest' topic.

They all did amazingly well!

Isabella 'The dance was really good and I loved it'.

Milo 'I really enjoyed it, especially when the boys chopped the trees down'.

Charlie 'I liked roaring as part of the dance'.

Henry 'My favourite bit was when I moved like a tiger'.



### GOVERNORS

Governor terms of office are for 4 years.

Mrs Sam Bowden-Headteacher

Mr Dan Jewell-Staff 01.09.25

Mr Simon Long-Co-opted 04.05.25

Mr A Cuthbert-Co-opted Chair 10.02.24

Mrs Sue Robbins-Co-opted 13.10.24

Mrs Rebecca Boyde-Co-opted 13.09.26

Mrs Dorothy Tambllyn-Local Authority Vice Chair 30.08.24

Mr Richard Grant-Parent 18.07.23

Miss Rachel Thomas-Parent 11.10.23

**Children's Mental Health Week 2023 will take place from 6-12 February 2023.  
This year's theme is Let's Connect.**

Human beings thrive in communities, and this connection is vital for our wellbeing, and our survival. When we have healthy connections – to family, friends and others – this can support our mental health and our sense of wellbeing. And when our need for rewarding social connections is not met, we can sometimes feel isolated and lonely – which can have a negative impact on our mental health.

Let's Connect is about making meaningful connections for all, during Children's Mental Health Week - and beyond. Mrs Gouge, our Mental Health Lead, discussed the theme with our Year 6's and here are their responses.

### **PLAYTIMES AND FRIENDSHIPS**

Oscar: 'Let's Connect is about friendship. We have playtimes and it is great to have a break from learning and just chill.'

Lily agreed: 'I really enjoy playing my friends.'

Harley: 'We're lucky to have so much time in the fresh air during the school day.'

Blue enjoys having a dedicated Year 6 Area at playtimes and Dylan thought that playtimes were a great opportunity to talk to your best mates.

Chloe: 'I like socialising with my younger peers and help to cheer them up if they're upset.'

Daisy agreed: 'I want to be a good role model as House Captain and play with the younger children.'

### **MENTAL HEALTH, WELLBEING AND STAYING SAFE**

George W: 'We get 2 hours of PE a week and lots of exercise. I like the gym equipment too.'

Finley thought we were lucky to have plenty of technology to use in school and Aiden said staff kept the children safe by blocking websites and sending out Internet Safety newsletters and discussing it in lessons.

Scarlett: 'We have our own wellbeing journals and write in them each term.'

George G: 'We use Bounce Together to do our wellbeing surveys.'

Elowen: 'We learn about mindfulness and breathing and do yoga in our assemblies.'

If you'd like some more information about Children's Mental Health Week, please head to <https://www.childrensmentalhealthweek.org.uk/>



### **Children's Mental Health Week**

Place2Be's Official Children's Mental Health Week 2023 will take place from 6-12 February 2023. This year's theme is Let's Connect and our primary and secondary resources are available to download now. The week will shine a spotlight on the importance of children and young people's mental health.

[www.childrensmentalhealthweek.org.uk](https://www.childrensmentalhealthweek.org.uk)